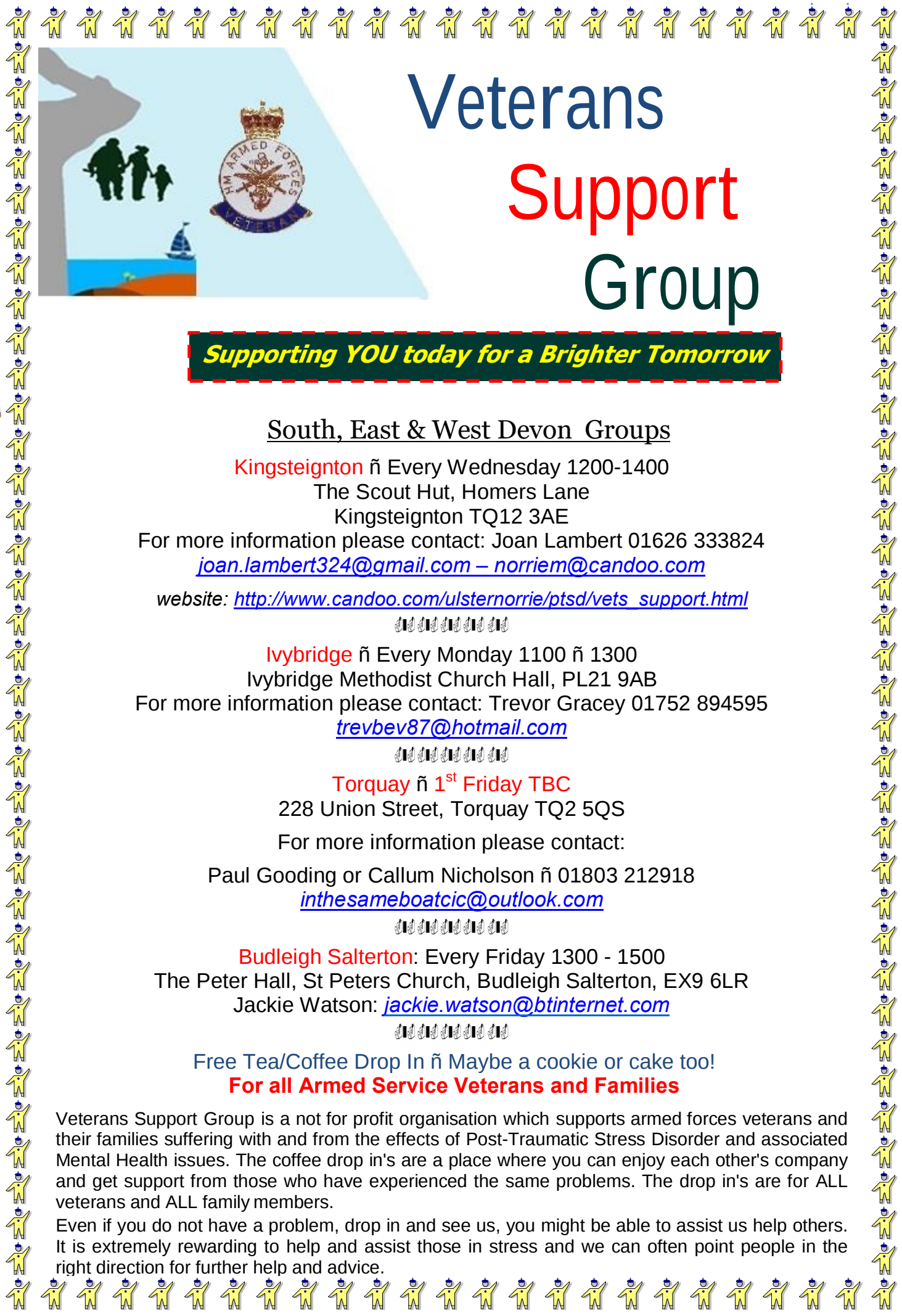




Veterans Support Group

Supporting YOU today for a Brighter Tomorrow

South, East & West Devon Groups

Kingsteignton ñ Every Wednesday 1200-1400

The Scout Hut, Homers Lane

Kingsteignton TQ12 3AE

For more information please contact: Joan Lambert 01626 333824

joan.lambert324@gmail.com – norriem@candoo.com

website: http://www.candoo.com/ulsternorrie/ptsd/vets_support.html



Ivybridge ñ Every Monday 1100 ñ 1300

Ivybridge Methodist Church Hall, PL21 9AB

For more information please contact: Trevor Gracey 01752 894595

trevbev87@hotmail.com



Torquay ñ 1st Friday TBC

228 Union Street, Torquay TQ2 5QS

For more information please contact:

Paul Gooding or Callum Nicholson ñ 01803 212918

inthesameboatcic@outlook.com



Budleigh Salterton: Every Friday 1300 - 1500

The Peter Hall, St Peters Church, Budleigh Salterton, EX9 6LR

Jackie Watson: jackie.watson@btinternet.com



Free Tea/Coffee Drop In ñ Maybe a cookie or cake too!

For all Armed Service Veterans and Families

Veterans Support Group is a not for profit organisation which supports armed forces veterans and their families suffering with and from the effects of Post-Traumatic Stress Disorder and associated Mental Health issues. The coffee drop in's are a place where you can enjoy each other's company and get support from those who have experienced the same problems. The drop in's are for ALL veterans and ALL family members.

Even if you do not have a problem, drop in and see us, you might be able to assist us help others. It is extremely rewarding to help and assist those in stress and we can often point people in the right direction for further help and advice.